

YEAR 1	
SEMESTER 1	13 CREDITS
ENG 100.5	Intensive English Composition ¹ 3 CREDITS
MAT 150.5	Statistics with Algebra ² 4 CREDITS
HED 110	Comprehensive Health Education 3 CREDITS
PSY 100	Introduction to Psychology 3 CREDITS
SEMESTER 2	12 CREDITS
ENG 201	Introduction to Literature 3 CREDITS
HED 220	Human Sexuality 3 CREDITS
SPE 100	Fundamentals of Public Speaking ³ 3 CREDITS
EDS 201	Adolescent Learning and Development 3 CREDITS

YEAR 2	
SEMESTER 3	13 CREDITS
HED 202	Drug Use in American Society 3 CREDITS
HED 235	Nutrition for Health 3 CREDITS
XXX xxx	Life and Physical Sciences ⁴ 3 CREDITS
EDU 202	Urban Schools in Diverse American Society ⁵ 4 CREDITS
SEMESTER 4	12 CREDITS
HED 230	Consumer Health Survey 3 CREDITS
HED xxx	HED Program Elective ⁶ 3 CREDITS
XXX xxx	World Cultures and Global Issues ⁴ 3 CREDITS
XXX xxx	Individual and Society ⁴ 3 CREDITS

YEAR 3	
SEMESTER 5	12 CREDITS
HED 302	Health Counseling ⁷ 3 CREDITS
HED xxx	HED Program Elective ⁶ 3 CREDITS
XXX xxx	Creative Expression ⁸ 3 CREDITS
XXX xxx	U.S. Experience in Its Diversity ⁴ 3 CREDITS

TOTAL: 62 CREDITS⁹

FOOTNOTES

¹ ENG 100.5 is a combination of Intensive Writing and English Composition. Students must be exempt reading (ACR) in order to take this course. Once this course is passed, students will be able to move on to ENG 201.

² MAT 150.5 is a combination of Elementary Algebra and Introduction to Statistics. MAT 150.5 will satisfy the Mathematical & Quantitative Requirement.

³ SPE 102 is an option for non-native speakers of English.

⁴ Please consult with an academic or faculty advisor.

⁵ EDS 201 must be passed in order to take EDU 202.

⁶ A total of 5 credits is required. Choose 2 courses from HED 201, HED 210, HED 211, HED 240, HED 250, HED 260, EDU 201, or ECE 410. Please note that some HED courses are only offered in the fall semester and some HED courses are offered only in the spring semester.

⁷ A grade of B or better in HED 110 or HED 100 is required in order to take HED 302.

⁸ Select any Creative Expression Pathways course except SPE 100 or SPE 102.

⁹ A Writing Intensive course is needed to graduate.