

YEAR 1

SEMESTER 1 16 CREDITS

MAT 150	Introduction to Statistics 4 CREDITS
ENG 101	English Composition 3 CREDITS
HED 110	Comprehensive Health Education 3 CREDITS
PSY 100	Introduction to Psychology 3 CREDITS
SPE 100	Fundamentals of Speaking ¹ 3 CREDITS

SEMESTER 2 15 CREDITS

ENG 201	Introduction to Literature 3 CREDITS
EDS 201	Adolescent Learning and Development 3 CREDITS
HED 235	Nutrition for Health 3 CREDITS
HED xxx	HED Program Elective ² 3 CREDITS
XXX xxx	Life and Physical Sciences ³ 3 CREDITS

YEAR 2

SEMESTER 3 16 CREDITS

HED 220	Human Sexuality 3 CREDITS
HED 230	Consumer Health Survey 3 CREDITS
EDU 202	Urban Schools in a Diverse American Society ⁴ 4 CREDITS
XXX xxx	Individual and Society ³ 3 CREDITS
XXX xxx	World Cultures and Global Issues ³ 3 CREDITS

SEMESTER 4 14 CREDITS

HED 302	Health Counseling ⁵ 3 CREDITS
HED 202	Drug Use in American Society 3 CREDITS
HED xxx	HED Program Elective ² 2 CREDITS
XXX xxx	Creative Expression ⁶ 3 CREDITS
XXX xxx	U.S. Experience in Its Diversity ³ 3 CREDITS

TOTAL: 61 CREDITS⁷

FOOTNOTES

¹ SPE 102 is an option for non-native speakers of English.

² A total of 5 credits is required. Choose 2 courses from HED 210, HED 211, HED 240, HED 250, HED 260, EDU 201, or ECE 410. Please note that some HED courses are only offered in the fall semester and some HED courses are offered only in the spring semester.

³ Please consult with an academic or faculty advisor.

⁴ EDS 201 must be passed in order to take EDU 202.

⁵ A grade of B or better in HED 110 or HED 100 is required in order to take HED 302.

⁶ Select any Creative Expression Pathways course except SPE 100 or SPE 102.

⁷ A Writing Intensive course is needed to graduate.