



TERMS AND CONDITIONS FOR COMMUNITY SWIMMING

PURPOSE:

The following rules and regulations have been established for the benefit of all users of the swimming pool to ensure the safe operation of the pool facilities and enjoyable recreation for all participants. Community swimming sessions are available for registered members who are 18 years or older. All members must observe these rules and obey the instructions of BMCC aquatics staff. Members who violate the swimming rules are subject to revocation of their swimming privileges. Borough of Manhattan Community College swimming pool welcomes members to enjoy the use of all of its facilities without regard to race, sex, age, color, creed, national origin, marital status, sexual orientation, gender identity, or disability. The Athletic Department reserves the right to refuse admittance into the BMCC swimming facility when the capacity of the pool has been reached or when otherwise deemed necessary for the health, welfare or safety of the members. Members are required to follow all the rules governing the BMCC facilities. All BMCC aquatics staff, including lifeguards, have the authority and responsibility to enforce the rules of the pool. The BMCC aquatics staff or their designated assistants (lifeguards) are responsible for the operation of the pool and their instructions should be followed at all times. Any member who elects to ignore the instruction of staff regarding the use of pool will be subject to expulsion from the facility and/or loss of membership privileges.

ADMISSION POLICY:

1. Entrance to the pool facilities during usual operating hours shall be through the main doors of BMCC located on 199 Chambers Street or the 77 Harrison street entrance. No other entrance should be utilized by members unless authorized by BMCC public safety team.
2. No member, or guest of a member, will be admitted to the pool facilities unless that member has paid his/her fees and has satisfied any outstanding debts to BMCC.
3. Members are required to provide their membership ID to the front desk athletic attendant before entering the locker room and then proceed into the pool and leave their ID with the lifeguard on deck before entering the water. The lifeguard will verify the member's status prior to allowing the patron to enter the water.
4. Family members, children, friends of community swim members are not allowed to use their membership ID cards to enter the facility or pool area.
5. Members will be held responsible for any damage to, or removal of, BMCC property by them or their quest.
6. If a member with a disability needs special accommodations to use the pool complex, please contact the BMCC Athletic Department at (212) 220-8260.
7. No animals, other than a registered service animal, will be allowed onto the BMCC facilities. BMCC prohibits all animals from entering the pool area.
8. BMCC is a non-smoking facility which includes the entire facility and parking lot.

LOCKER ROOMS:

1. Access to locker rooms is permitted based on the gender identity of the members.
2. BMCC is not responsible for the loss of or damage to personal equipment, clothing or other personal property of members, or guests.
3. Members are not permitted to leave locks on lockers overnight. Locks will be cut and locker contents will be placed into BMCC lost & found.
4. Use of locker room facilities is limited to members for the purpose of changing. Activities such as washing clothes, coloring/cutting hair, etc. are not permitted.
5. All members are required to leave locker rooms and school facility when swim session is over.



6. Food is NOT permitted in locker rooms.
7. The use of cell phones, cameras, video cameras, baby carriages or any device containing recording equipment of any kind is prohibited in all locker rooms, bathrooms and changing facilities.

ATTIRE:

1. All members, including swimming instructors, within the pool area must be attired in swimming apparel. No street shoes or street clothing are allowed on decks. The swimming pool and decks must be maintained in a sanitary manner for the protection of members.
2. Members must wear swimming suits or swimming trunks upon entry into the pool. Clothing such as cut-offs, gym shorts, and underwear is not permitted as swimwear. Swimwear should not have been worn for exercising immediately prior to pool use and must be colorfast and of lightweight material suitable for swimwear, such as Lycra, Spandex, or nylon. Clean t-shirts may be worn for modesty or medical reasons but first must be sanctioned by the Athletic Department.
3. For full coverage, apparel must be made for swimming only and of light weight material. Please call the BMCC Athletic Department for specific details.
4. Bathing caps must be worn by all patrons (no exceptions).

BEHAVIOR:

1. No members within the facility shall behave in such a manner as to jeopardize the safety and health of him/her and other patrons. Such behavior, including abusive or profane language, shall be grounds for expulsion.
2. Loitering will not be permitted in the athletic or aquatics facility. Only the members of the BMCC staff and other authorized persons are permitted behind the front desk, in the pool office or storage room.
3. No roller skates or roller blades, no skateboards, no bicycles and no scooters are permitted to be used or parked within the pool area of the pool premises (including the patio).
4. Socializing with or distracting the pool staff is prohibited.
5. Running, boisterous or rough play, pushing, acrobatics, dunking, wrestling, splashing, yelling, diving or jumping haphazardly, snapping of towels, improper conduct causing undue disturbances on or about the pool area or any acts which would endanger any patron are prohibited.
6. Spitting, spouting water, blowing nose, urinating, or defecating in the pool is prohibited.
7. No prolonged underwater swimming for time and/or distance. Competitive and/or repetitive breath holding can be deadly and is not permitted. Hyperventilation is absolutely not permitted.
8. No food, drink, gum or tobacco products are allowed in the pool area (except plastic water bottles). Gum chewing is not permitted anywhere in the pool complex.

LAP SWIMMING ETIQUETTE:

1. Be prepared to share lanes.
2. Try to swim with others who have the same abilities. Please respect other people's efforts while swimming. The swim stroke you use cannot impede others from sharing the swim lane. No swimming from shallow water to deep water area to exit the pool.
3. For safety reasons, a swimmer is only permitted to pass another swimmer in the middle of the lane when there is no swimmer approaching from the opposite direction.
4. Be cautious and courteous. Do not start directly in front of or behind someone approaching the wall for a turn. Give them room and drop behind.



5. Let others know you are entering the lane. If necessary, get a swimmer's attention by waving a kickboard underwater. Those already in the lane always have the right of way.
6. With two or more swimmers in a lane, swim a circle pattern (keep to the right).
7. To pass another swimmer - touch the person on the foot once only during the lap. If you are touched on the foot, move quickly off to the side of the lane when you reach the wall and allow the person to pass.
8. If there are two swimmers per lane, it is permissible for swimmers to swim on opposite sides of the lane; otherwise, swimmers are encouraged to "circle swim" and swim counterclockwise.
9. If you are resting or waiting at the end of the lane, move out of the way to allow other swimmers full use of the wall when turning. Do not occupy the lane for socializing; exit after your workout.
10. Note: While lifeguards are not responsible for enforcing lap swim etiquette, they may be of assistance in explaining and clarifying the rules.
11. No swimming across lap lanes unless entering or exiting the pool from the side (shallow end only).

LAP SWIMMING RULES:

1. Lap lanes are for lap swimming or aquatic exercise only (unless otherwise designated).
2. Hanging on the lane dividers or sitting on dive blocks is prohibited.
3. No sitting, leaning, pulling or swimming over lane lines. No diving, jumping or performing "backstroke starts" from the starting platforms.
4. No diving or jumping from or into the 4 feet deep "shallow section". No diving into crowded lanes. The deep end is off limits at all times.
5. Lanes are designated for slow, median, fast lap swimming. Walking will only be allowed at the discretion of the lifeguard.
6. A lifeguard or designated supervisor who has been approved by the aquatics director must be on deck before anyone enters the pool.
7. Personal items (books, bags, clothes, etc.) are not allowed on the pool deck. All personal items are to be secured in the locker room with a lock.
8. Individuals under the influence of alcohol or drugs are not permitted in the pool area.
9. A cleansing shower is encouraged before entering the pool (Section 4.1, 3.8 [NYS Code of Public Health]).
10. No swimmer with open sores, infections, diarrhea, or contagious diseases may enter the pool.
11. Members must follow the rules and policies posted throughout the pool area.
12. In the event of an evacuation procedure, please follow the directions of the BMCC lifeguards, BMCC the aquatics staff and the BMCC public safety team.
13. In case of a medical emergency or injury, please contact the BMCC lifeguards and/or BMCC aquatics staff **immediately**. Please also report the incident to the BMCC public safety department as soon as possible. The Athletic Department or their designated assistants (lifeguards) are responsible for the operation of the pool and their instructions should be followed at all times.

All members are expected to comply with these operating rules and regulations. Failure to comply will result in the suspension of pool privileges and/or cancellation of membership.