# How to Clear Meningitis Hold

## Background

New York state law prohibits students from enrolling in classes until they have submitted their Meningitis Acknowledgement form online or in person. This requirement is enforced by the placement of a Service Indicator that prevents enrollment.

## Procedure

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| 1    | Sign into CUNYfirst ([https://home.cunyfirst.cuny.edu](https://home.cunyfirst.cuny.edu)) with your CUNYfirst ID and password.  
**Note:** Username and password are the same as your BMCC email account/BMCC PC log in. |
| 2    | Navigate to: **Self Service > Student Center**.  
On the **Student Center** page in the **Academics** section, click the **Enroll** link. |
Click the **Meningitis Acknowledgement Form** link.
Online Meningitis Acknowledgement Form

What is meningococcal disease?
Meningococcal disease is a severe bacterial infection of the bloodstream or meninges (a thin lining covering the brain and spinal cord).

Who gets meningococcal disease?
Anyone can get meningococcal disease, but it is more common in infants and children. For some college students, such as freshman living in dormitories, there is an increased risk of meningococcal disease. Between 100 and 125 cases occur on college campuses every year in the United States; between 5 and 15 college students die each year as a result of infection. Other persons at increased risk include household contacts with a person known to have had this disease, and people traveling to parts of the world where meningitis is prevalent.

How is the germ meningococcus spread?
The meningococcus germ is spread by direct close contact with nose or throat discharges of an infected person. Many people carry this germ in their nose and throat without any signs of illness, while others may develop serious symptoms.

What are the symptoms?
High fever, headache, vomiting, stiff neck and a rash are symptoms of meningococcal disease. Among people who develop meningococcal disease, 10 to 15% die, in spite of treatment with antibiotics. Of those who live, permanent brain damage, hearing loss, kidney failure, loss of arms or legs, or chronic nervous system problems (seizures) can occur.

How soon do the symptoms appear?
The symptoms may appear two to ten days after exposure, but usually within five days.

What is the treatment for meningococcal disease?
Antibiotics, such as penicillin G or ceftriaxone, can be used to treat people with meningococcal disease.

Is there a vaccine to prevent meningococcal meningitis?
Yes, a safe and effective vaccine is available. The vaccine is 85% to 100% effective in preventing four kinds of bacteria (serogroups A, C, Y, W-135) that cause about 70% of the disease in the United States. The vaccine is safe, with mild and infrequent side effects such as redness and pain at the injection site, lasting up to two days. After vaccination, immunity develops within 7 to 10 days and remains effective for approximately 3 to 5 years. At any time, vaccination against meningitis may not protect 100% of susceptible individuals.

How do I get more information about meningococcal disease and vaccination?
Contact your family physician. Additional information is also available on the Web sites of the New York State Department of Health, www.health.state.ny.us; the Centers for Disease Control and Prevention, www.cdc.gov/hicid/dbmd/diseaseinfo or call them at 1-800-232-2522 (English, 0233 (Spanish); and the American College Health Association, www.acha.org.

Check one box and click submit.

☐ I have received the information regarding meningococcal meningitis disease and vaccine, including information regarding the availability and cost of the meningococcal meningitis vaccine. I have decided that if my child (for students under the age of 18) will not obtain immunization against meningococcal meningitis disease at this time.

☐ I have received the information regarding meningococcal meningitis disease and vaccine, including information regarding the availability and cost of the meningococcal meningitis vaccine. I have (or my child has – for students under the age of 18) received the meningococcal meningitis immunization (Menomune™) within the past 10 years.
After reading the form that provides critical facts about meningococcal disease, select one of the two checkboxes to create a record of your decision regarding meningitis immunization.

5

If the second radio button is selected, then a field displays to enter the date of the immunization.

6

Click the Submit button.

Note: The Missing Meningitis Form service indicator is released upon submission of this form.

End of procedure.